

Volume 1, Issue 1

August 15th 2004



by Melanie Gukert

ALUMNI

ALUMNI

ALUMNI

ALUMNI

Trojan Volleyball



Friends of Calgary Amateur Volleyball Association

Say that five times quickly! After a long battle with the Alberta Government, tons of paperwork and several signatures (thanks to Jane Bekkering, Brian Slot, Melanie Gukert, and Bill Chalmers) we are now an official non-profit society!

On May 25th, 2004 we received our official certificate of incorporation from Alberta Registries. Our association is officially called the Friends of Calgary Amateur Volleyball Association (FCAVA). We unfortunately could not use a name with the word "SAIT" or "Trojan" in it, but it is indeed the SAIT Trojan Volleyball Alumni Association (just called something different).

What does all this mean and what does it have to do with US? Becoming an association gives us the opportunity to now apply for a gaming license, which you need to hold bingos and casinos which will in turn bring money to the Volleyball program in forms of scholarships. More scholarships basically equals better players, better players means better for SAIT and better for US the fans!

September 18th - 4th Annual Alumni Tourney

Is it just me or does admitting that you are part of an "Alumni" make you feel a tiny little bit old? On one hand I can still play Volleyball and pretty darn well. On the other hand I can barely walk the next day and Advil seems to be my best friend. The question is "Are we getting old or are we just getting better?" The joy with Volleyball is, and I honestly think this is true, we seem to be getting better!

It's time to dust off the shoes and show those young kids what Volleyball is really all about! The 4th Annual Alumni Tourney will be held on Saturday September 18th this year and we would like to encourage ALL alumni to come out. Last year was a great success with nearly 30 alumni coming out. If you would like to attend the tourney or even just the after party, please contact Blaire Kelly at 403.284.8045 or by email to blaire.kelly@sait.ca

Inside this issue:

Coach Calls it Quits	2
Blake Chalmers Takes Over the Reins	2
Where Are They Now?	2
Volleyball Alumni Marriages	3
Pat Dunsmore Holds 5 ACAC Records	3
Fellow Alumni in Business	4
Merry Christmas and a Happy New Year	4



Did you know?

Did you know that Volleyball was invented by William G. Morgan in 1895. He blended ideas from basketball, baseball, tennis, and handball to create the game, which he originally called "mintonette."

Coach calls it quits

By Calgary Sun Staff

Lorry Ingram resigned as head coach of the SAIT Trojans men's volleyball team yesterday to dedicate more time to his growing family. In seven years with the Trojans, Ingram turned around the men's volleyball team from ACAC bottom-feeders to two-time CCAA national silver medallists in 2001 and '02.

But with 16-month old Regan and another child expected in October, Ingram couldn't commit nights and weekend to the

team anymore.

"It's been seven years and I've had a great experience," Ingram said. "With the newborn and Regan, it will be a lot of work for my wife. It takes up a lot of time and you play every weekend. This is the right time to resign."

Before joining the Trojans as head coach, Ingram played for SAIT from 1986-88 and was an assistant with the women's

team for one season.

"Lorry was a great contributor to our program and helped bring provincial and national recognition to our team," said athletic director Ken Babey.

"Lorry will be missed and we wish him and his family all the best in his future endeavours."

"It's been seven years and I've had a great experience."

Lorry Ingram



Blake Chalmers Takes Over the Reins

By Lori Nielsen

SAIT Athletics is proud to announce Blake Chalmers as the new Head Coach of the SAIT Trojan Men's Volleyball Team.

After three years behind the bench as an assistant coach with the SAIT Trojan Men's Volleyball Team, Blake is now ready for the challenge of the head coaching posi-

tion. Winning two Provincial Silver Medals and one National Silver Medal during this time, Chalmers knows what it is like to coach highly competitive games.

Blake also played for the Men's team under Lorry Ingram's guidance in 1999-2000 while completing his Aircraft Structural Repair schooling. Blake later fin-

ished with a Sport Management Diploma and is now the marketing coordinator for BKI Insurance. Blake has many goals for hard work and success for the 2004-2005



Where Are They now?

If you know of any alumni kicking around—be it Volleyball, Basketball or Hockey please tell them to let the Athletic Department at SAIT know where they are.

You may not realize it but alumni is a very important element to the future of sport at SAIT. Not only does it help to fund some of the

athletic scholarships, but it also helps to build the spirit and pride throughout the community and SAIT campus.

Hockey is one example of an extremely strong alumni, but it wasn't always that way and with a lot of hard work and determination it's amazing what can be

accomplish. We are trying very hard to do the same with Volleyball, but in order to do this, we need everyone's help. If you have any ideas or suggestions to help as attract more alumni, please let us know, we would love to hear from you.

An alumni isn't an alumni without the people in it.

Volleyball Alumni Marriages



Volleyball boy meets Volleyball girl. Volleyball boy sweeps Volleyball girl off her feet, somehow? Volleyball boy finds out that Volleyball girl is all he ever wanted and more. Volleyball boy and Volleyball girl get married and live happily ever after ... shouldn't that be a recruiting tool in itself???

Here are a four couples, where both husband and wife are Trojan Volleyball Alumni—congrats you guys!



Rick Roberge & Jolene Landels
married June 21st, 2002

Rick and Jolene both played for 3 seasons at SAIT (Rick 1994-97, Jolene 1995-97 & 98-99) These two are also proud parents of a little boy—Brenan Aaron Roberge who was born on September 4th, 2003. Rick and Jolene currently reside in Calgary.



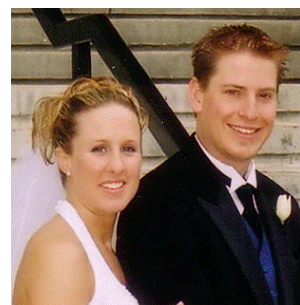
Mike Chala & Deanna Irwin
married December 21st, 2002

Mike played for SAIT for 4 years (1996-2000) Deanna played in the 1997-98 season. They met at SAIT and moved to BC soon after Mike completed school. Mike and Dee currently reside in Sparwood, BC.



Reg Ouellette & Theresa Wood
married August 10th, 2002

Reg played for SAIT from 1982-84. Theresa however played a few years later than Reg, in the 2000-01 season. Reg & Theresa didn't exactly meet at SAIT but volleyball did help to bring them together. Theresa and Reg currently live in Calgary.



Jeremy Gukert & Melanie Koershuis
married May 10th, 2003

Jeremy played the 1998-99 season for SAIT and Melanie played for 2 seasons (1998-2000) These two transferred from Medicine Hat College where they had met and both played prior to coming to SAIT. Jeremy and Melanie also currently live in Calgary.

Pat Dunsmore Holds 5 ACAC Records

For those of you who do not know Pat, he played for the Trojans from 1996 to 1999, & the 2000-01 season. Pat, to this day, still currently holds 5 ACAC records and this is something that Pat and SAIT should be extremely proud of. (I know the alumni are proud of you!!)

Here are his impressive stats;

- * Number 1 in the ACAC for his career kills with 955 (in 4 seasons), next highest is 769 (in 4 seasons)
- * Number 1 in the ACAC for his career aces with 82 (in 4 seasons)
- * Number 1 in the ACAC for his

kills per game average with 6.33 (1997-98)

- * He has the most kills in one match in the ACAC with 47 (1997-98)
- * He has the most kills in a season in the ACAC with 462 (1997-98)



Cool Trojan Apparel Now Available!



To check out the latest Trojan apparel go to www.sait.ca/trojans and then click on Trojan Pro Shop. The website is also a great way to find out what's new & exciting with the current Trojans teams

Fellow Alumni in Business


 Click here for
my CALGARY search.com

Connecting local consumers to local businesses on the internet. Call Brody Wegener for more information at 403.286.5903 or by email at brody@theglobalsearch.com


Jeremy Gukert Design
 residential home designer
 renovations • multi-family • custom homes
 ph 403.210.2570 www.jgdesign.ca

Blake Chalmers
 Marketing Co-ordinator
 ph 520 5350
blakec@bki.ab.ca



Specializing in all forms of Personal and Commercial Insurance including Aviation, Oil & Gas and Group Insurance

If you would like an ad placed here for our next issue please contact Melanie Gukert at melanie.gukert@shaw.ca

COME OUT AND SUPPORT YOUR TROJANS!!

Merry Christmas and a Happy New Year

I know, I know ... you don't even want to think about Christmas yet ... but it is only a mere 4 months away!

Remember Christmas break when you were attending SAIT? WOW, was that a well deserved break! And back in the day, we always had to come back early for Spikefest at U of C, something that sadly no longer exists!

It was usually a time for players to see their parents and siblings and to FINALLY eat a real meal. Most importantly it was a time for catching up with friends back home and actually learning what it felt like to miss your Trojan teammates.



I am sure it was a break that the coaches enjoyed as well. The first semester was always the roughest, especially since we only practiced and trained for the first month of the season. Lucky them they came back from the break only to find out that some of their athletes didn't make the grade or some forgot how to play. I guess

we didn't really give them enough credit back then, did we!?!

I think we are all thankful that we were given the chance to play at the level we did, even though we've only begun to appreciate it now. Thank you coaches, thank you trainers, thank you teammates, thank you ... everyone! I sit back and wonder what college would have been like without Volleyball ... I can't imagine and I am thankful for that too.

I hope everyone has a safe and Merry Christmas and a very Happy New Year!

GO TROJANS GO!

